

North Lincolnshire Museum Sensory Backpacks. Video transcript.

Page 1 - This video will be around four and a half minutes long. Sensory backpacks help aid the visit of a SEND child and the group they're with. The contents entertain the child and keep them occupied while the rest of the group enjoy their visit too. The contents can also support the whole group and guide them around the site. These bags are available at Normanby Hall, the Rural Life Museum, North Lincolnshire Museum and the 20-21 Visual Arts Centre. We also have a similar offer for schools visiting these sites for workshops. They are free to use. Please ask the front of house team when you arrive, and they can talk you through the contents.

Page 2. In this video, I will describe the contents and suggests ways you can use them so you can prepare ahead of your visit. Please be aware that some items include small parts. The bags should be used under adult supervision at all times.

Page 3. When you open the bag, you will find the following things: a contents list, a photo finder challenge, a visual timetable, activity ideas, a game of sensory bingo, a hand puppet, a magnifying glass, a poppet, coloured paddles, a 2-minute timer, a kaleidoscope, binoculars, a tangle toy and ear defenders.

Page 4. Hand puppets. This will vary, depending on where you take a bag from. It could be a horse from the Rural Life Museum, a dinosaur from North Lincolnshire Museum, an owl at Normanby Hall or a colourful monster at 20-21 Visual Arts Centre. This can be used by the adult, reading some of the information or using it as a prompt to play games. For example, 'the puppet has found something shiny, can you see it too?'. Or the child could use it themselves, taking it on a journey throughout the day.

Page 5. Visual timetable. Each timetable has two options: a now and next board or a day planner style layout. You can choose the format that suits you best. You will find a series of tiles that show some of the things you might chose to explore on your visit. This includes attractions and exhibition spaces as well as more functional options like toilets. There is also a question mark in case you want to leave a part of your trip open to change.

Page 6. Ear defenders. If the child is sensitive to sound, they can wear the ear defenders.

Page 7. Fidget toys. The poppet and the tangle toy can help to occupy busy hands while moving around the site.

Page 8. Having a look. The magnifying glass and the binoculars will help you to find small things as you move around. If you want a challenge, use the photo find sheet and see if you can spot all 9 things that are included. The coloured paddles and kaleidoscope might help you to look at things in a new and exciting way.

Page 9. Timer. This can be used to play some of the games listed on the activity ideas sheet. Or you might like to plan how long you stay at certain points to add a bit of structure to your visit.

Page 10. Activity ideas. As well as the photo find sheet, we have a game of sensory bingo and a list of other activities you might like to try using some of the items from the bag.

Page 11. We hope you enjoy using the Sensory Backpack. We are always looking to develop our offer. When you return the bag to the front of house team, they may prompt you to complete an evaluation, like that one shown in the picture. We find your feedback really useful, and we appreciate you taking the time to do this. Thank you.